User Guide

heart rate smart wristband

ID115PLUS HR

Thanks for choosing our device, please read the user guide carefully before using.

English Version ····· 01
日本語バージョン ····· 13
Deutsche Version ····· 26
Version Française ····· 39
Versión Española ····· 52
Versione Italiana ····· 65

Setting

Use VeryFitPro on iOs or Android smart phone to set the wristband as follows:

Please note: hardware and system of devices should meet the requirements:

iOS 11.0 &Above　Android 4.4 & Above　Support Bluetooth4.0

1、Download VeryFitPro

Search and download

Search and download "VeryFitPro" from the Apple Store or Android App store.

Scan the QR code and download

It probably has a problem to open the link with WeChat or other scan tools, please copy the link and open it through browser.

2、Device Activate & Install

Please activate the device by charging before initial use, and make sure power is working normally. Then the device will automatically hold us.

①Take out: Stretching the strap, and take out the host.

Charge: Plug it into USB port to charge and active device. Don't plug the wrong side, Voltage/Current: 5V/500mA

Install: To put the host into the slop of strap.

Wear: Adjusting the length of strap, and wear it on the wrist.

3、Touch key

Single click: the touch key, back to the main interface/Back

4、Make sure the Bluetooth of smart phone is ON, open app"VeryFitPro"

When selecting the right band from the search list, please slide the screen of wristband to wake up the device and then complete connecting.

Know your Device

1、Wearing Method

Wear the device on your wrist horizontally, about 2cm to capsulhe sensor method as wearing watches.

2、Heart Rate Monitoring

To monitor Heart Rate more accurately, please wear the device on the inside position of your wrist and a bit tighter than usual when you are taking exercise.

3、Heart Rate Monitoring

Automatic heart rate Monitoring is ON as default, monitor Heart Rate all the day automatically.

4、Stand by time

Normal use of about 5 days.

5、Interface

Function Introduction

1.1 Time Mode

Description: The time dial is switched in the app device module> more Click the touch button2 enter the next mode/Sport Mode(Long press the touch button for 2s) quickly into other functions

(You can customize the shortcut through the app)

1.2 Sport Mode

[Press the touch button for 2s] enter the motion start mode.

[Click the touch button] to enter the next mode Heart Rate Mode

1.2.1 Sport Start Mode

[Click the touch button] to switch the next movement type

Press the touch button 2s] Return to Sport Mode.

[Double-click the touch button] enter the motion start mode

1.2.2 Sport Going Mode

[Click the touch button] to enter the next motion for sub mode

Press the touch button for 2s] to exit the motion mode and enter the motion end mode.

[Double-click the touch button] to enter the motion pause mode

Icon Description：

— : is connected to app ┅ : is moving

1.2.3 Sport Paused Mode

[Click the touch button] enter the next motion pause sub mode.

[Double-click the touch button] enter the motion start mode

Press the touch button for 2s] exit the motion mode and enter the motion end mode.

1.2.4 Sport Stop Mode

At the end of the exercise, the following different data / interfaces are displayed depending on the type of motion

[Click the touch button]

enter the motion and data display mode

1.2.5 Abnormal Process of Motion Reminder

1) Inactive exit Motion Mode Prompt

a、Inactive detection wait 10 minutes without movement, will automatically exit the movement

b、pop-up prompt box waiting for 30S countdown did not click the screen, will force to exit

[Click the touch button] to cancel the automatic exit of the motion

mode prompt, exit this mode, the movement is normal.

2) Memory Full Forced out of the Movement Mode Prompt

Description:

1. The movement mode can be up to 6 hours. 2)When the memory is full, it will prompt the movement mode will force to exit

3）low power forced out of the movement mode prompt

Click the touch button] to determine the full memory forced out of the movement mode prompt, exit the movement mode, enter the end of the movement data display mode.

[Click the touch button]

exit the wait prompt

1.3 Heart Rate Mode

Note: After the heart rate interface 1s, start monitoring the heart rate, before monitor the correct data, --/-- After monitor the correct data, display data.

[Click the touch button] enter the next mode Data Show Mode

1.4 Data Show Mode

[Click the touch button]

enter the next mode Alarm Mode

Press the touch button for 2s]

enter the data view sub mode.

1.4.1 Data Show Sub Mode

[Click the touch button] enter the next sub-modeData Show Sub Mode

[Long press the touch button for 2s] exit the data view sub mode.

1.5 Control Camera Mode

[Click the touch button] enter the next mode

Control Music Player Mode

[Press the touch button for 2s] enter the control shoot sub mode.

1.5.1 Control the camera sub mode

[Click the touch button] control the camera.

[Press the touch button for 2s] exit the control shoot sub mode, return to the camera mode.

1.5.2 Control camera (Bluetooth is not connected)

Monitor the Bluetooth disconnected state, display the following interface, can not click into the camera sub-interface

During the camera, Bluetooth is disconnected and the camera is displayed

Failed Bluetooth disconnected interface

Note: control the camera first open the phone system camera.Or a third-party application camera

1.6 Control Music Player Mode

[Click the touch button] enter the next mode

Alarm Mode

[Long press touch button for 2s] control the next one

1.7 Alarm Mode

[Click the touch button] enter the next mode

Control Notification Mode

[Press and hold button for 2s] disable / enable the alarm function.

Description:

The app needs to set the alarm function before it is displayed

1.8 Control Notification Mode

Click the touch button] enter the next mode Time Mode

[Long press touch button for 2s] on / off notification reminder.

1.8.1 Notifications Mode

a) Incoming Call Notification

When there is a call, it is displayed

b) SMS Notification

When this information including SMS, Wechat, QQ, facebook, whatsapp, Twitter, Instagram, Facebook Messenger, linked in, Email, mail, calendar) to show the current interface.

c) Alarm Notification Mode

Alarm reminder: need to set in the APP

Alarm type:

d) Device Error Notification

Description:

In the discovery of equipment abnormal time, each time the book it will display the interface.

Status code:

-01 indicates acceleration sensor abnormality;

-02 indicates that the heart rate sensor is abnormal;

-04 means Bluetooth exception;

-08 indicates flash exception

Basic Specifications

Model No: ID115Plus HR

Battery Capacity: 65mAh

Working Voltage: 3.7V

Host weight: about 30g

Sync Bluetooth 4.0

Working temperature: - 10℃~ 45℃

Waterproof: IP67

Working Time: Normal use of about 5 days

Electronic Information Products Poisonous and Harmful Statement

Declaration of toxic and hazardous substances in electronic information products:

The device meets the EU ROHS criterion.

Please refer to IEC 62321 (EU ROHS) Directive 2011/65/EU and revised directive..

FAQ

◆ Failed to find the device when pairing

① Make sure the Bluetooth of smart phone is ON, and accept phone OS Android 4.4 & Above, iOS 7.0 & Above.

② Make sure the distance between phone and device is with in 0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairing finished.

③ Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.

◆ Failed to connect with Bluetooth occasionally

① Caused by the abnormality of Bluetooth service when it restarted on the phone.

② Reboot mobile phone or re-start the Bluetooth service, then it works normal.

◆ How to restore factory defaults

Make sure the device is connected with smart phone, go in the App, enter "more-system setting", and choose "reboot device" .